

# Kohinoor of Kerala

South Indian Restaurant



Menu

Spices are synonymous with Kerala, and their history is woven into the history of this state. Cardamom, nutmeg, cloves, cinnamon, pepper, vanilla, ginger and turmeric are just some of the main spices grown in Kerala.

Spices like ginger, garlic, cardamom, vanilla, pepper, cinnamon, cloves and nutmeg are mainly produced in Idukki and neighbouring areas, with Malabar being the global epicentre of the spice trade. The monsoons which nourish the pepper vine, this jewel amongst spices, also brought customers across the oceans.

Cardamom is hailed as the Queen of Spices. The cardamom seeds have a slightly pungent and aromatic flavour. They are used as seasoning in dishes, mainly in curries and pastries. The curry leaf tree is a deciduous tree found growing in the mainland and is native to India. This leaf (also called the sweet neem leaf) though slightly bitter, has a distinct aroma and is used to flavour most Indian cuisines. Frequently spotted in many vegetable gardens in the homes of locals, these leaves have been traditionally used to help with stomach ailments.

The main spices used in Indian cuisine are chilli, coriander, cumin, turmeric, ginger and garlic, and each spice has got a distinct taste and flavour. The beauty of traditional Indian cooking is in the varying proportions of these spices that results in the multitude of flavours that has made Indian food so popular in the UK. Indian food owes its popularity not only to the myriad of taste buds it stimulates but also to its positive effect on the body. It promotes immunity, is antiseptic and an effective part of a healthy diet.



  
Please note that some dishes in our menu may contain nuts. Please ask your server for further advice on this or any other dietary concerns.

# welcome...

We are happy to satisfy any customer requests for dishes that are not listed in our menu.

We do not serve Starters or Side Dishes without a Main Course. Additionally, we reserve the right to charge non-eating parties a cover charge of £10.00 per head.

## Vegetarian Starters

- 1. Rasam** **£4.30**  
Spicy soup made with tomatoes, garlic, tamarind pulp and seasoned with herbs.
- 2. Paripu Vada** **£4.20**  
Fried crunchy patties made with lentils, ginger, onion and curry leaves. Served with coconut chutney.
- 3. Vegetable Kizhi** **£4.40**  
Deep fried dumplings made with pumpkin, spinach, sweet potato. Served with pineapple chutney.
- 4. Vegetable Samosa** **£3.90**  
Fried triangular pastry stuffed with specially prepared vegetables. Served with mango chutney.
- 5. Vazhuthanga Porichathu** **£3.90**  
Sliced aubergine coated in batter with coriander leaves and deep fried. Served with pineapple chutney.
- 6. Vegetable Pakoda** **£4.10**  
Mixed vegetables dipped in batter and deep fried. Served with pineapple chutney.
- 7. Onion Pakoda (Onion Bhaji)** **£3.90**  
Chopped onion dipped in specially seasoned batter and deep fried. Served with coconut chutney.
- 8. Uzhunnu Vada** **£4.30**  
Ground lentil mixture with green chillies and curry leaves. Deep fried in oil and served with coconut chutney.
- 9. Chilli Paneer** **£5.70**  
Cubes of Indian cheese cooked with capsicum, spring onion, tomato and chilli sauce.
- 10. Chot Photia** **£4.10**  
A mixture of chick peas, coriander, green chillies and some special spices.
- 11. Sambar Vada** **£4.90**  
Donuts of fried lentil paste specially seasoned and deep fried. Served with a spicy vegetable curry.
- 12. Mogo Chilli Fry** **£4.80**  
Cassava Chips stir fried with capsicum and onion with a touch of ginger and garlic paste, and chilli sauce.
- 13. Paneer Tikka** **£5.70**  
Cubes of home-made cheese marinated in a blend of spices then cooked in a clay oven. Served with salad and home-made chutney.
- 14. Mixed Vegetable Platter** **£11.70**  
An assortment of vegetable samosa, bonda, vegetable kizhi and vada. Served with a variety of dips. **(For two)**

## Non-Vegetarian Starters

- 15. Sea Food Soup (spicy)** **£5.40**  
Spicy soup made of prawns and mixed sea food with tamarind, garlic, ginger, tomato and special spices.
- 16. King Prawn Butterfly** **£5.90**  
King prawn marinated in spices coated with bread crumbs and special seasoning and deep fried.
- 17. Tandoori King Prawn** **£6.95**  
King prawn marinated in selected spices and cooked in a tandoori oven.
- 18. Mixed Sea Food Pakoda** **£5.90**  
Variety of sea food dipped in spicy batter and deep fried. Served with pineapple chutney.
- 19. Chicken Tikka** **£4.70**  
Diced chicken breast marinated in yoghurt with mild spices. Cooked in a clay oven.



- 20. Lamb Tikka** **£5.25**  
Tender lamb marinated in yoghurt with a blend of special spices. Cooked in a clay oven.
- 21. Chicken Pakoda** **£4.40**  
Boneless chicken breast dipped in batter and deep fried. Served with a special home-made chutney.
- 22. Ben Pakoda (Nilagiri Chicken Tikka)** **£4.70**  
Boneless chicken breast dipped in a spicy special hot sauce, chopped green chillies and deep fried. The sauce is made from ingredients obtained from Nilgiris.
- 23. Chicken 65 (for two)** **£7.90**  
A very popular starter served in south India. Chicken pieces on the bone, coated with garlic, ginger and a blend of special spices (originating from Kerala) and deep fried.
- 24. Meat Samosa** **£3.90**  
Fried triangular pastry filled with specially prepared lamb. Served with mango chutney.
- 25. Lamb Chops** **£6.40**  
Lamb chops marinated in a mixture of unique spices and cooked in a tandoori oven.
- 26. Sheekh Kebab** **£4.80**  
Minced lamb prepared with diced onion and mild spices and barbecued in a tandoori oven.
- 27. Mixed Kebab** **£5.80**  
A classic combination of Sheekh Kebab, Chicken Tikka, and Onion Baji. Served with salad and chutney.
- 28. Prawn Puri** **£5.40**  
Prawns in a dry medium spiced sauce. Served on a deep fried pancake.
- 29. Chicken Chat** **£5.10**  
Boneless chicken pieces cooked in a specially prepared home-made spice sauce.
- 30. Garlic Fried Prawns** **£6.30**  
Tiger prawns marinated with garlic, crushed pepper corns and lime juice. Marinated in a special spice mixture and served with a hot sauce.
- 31. Tandoori Salmon Tikka** **£6.90**  
Filletted Salmon marinated with herbs and spices. Cooked in the tandoori oven, served with salad.
- 32. Tandoori Duck** **£6.95**  
Cubes of duck breast marinated with ginger, garlic, yoghurt and a blend of spices then cooked in the tandoori oven. Served with salad and chutney.
- 33. Tandoori Mixed Platter** **£13.90**  
An assortment of meat samosas, seafood pakoda, chicken tikka and sheekh kebab. Served with a variety of dips. **(for two)**

## Vegetarian Dishes

- 34. Sambar** £7.60  
Curry with carrots, aubergines, tomatoes, drumsticks, plantains and curry leaves.
- 35. Kerala Vegetable Curry** £7.60  
Green plantain, carrots, potatoes, cooked with certain select spices and seasoned with curry leaves.
- 36. Vegetable Kazana** £8.60  
Fresh vegetables cooked in white gravy containing cashew nuts, almond, single cream, ginger and garlic. Garnished with onions. 🍴
- 37. Cheera Parippu Curry (Saag Dhal)** £7.90  
Mixture of a variety of lentils, cooked with spinach, garlic, spices and seasoned with shallots, mustard seeds and curry leaves.
- 38. Channa Masala** £7.80  
Chick peas cooked with ginger, garlic, onion, coconut milk and curry leaves.
- 39. Gobi Manchurian** £8.20  
Deep fried cauliflower pieces coated in spiced batter and cooked in an aromatic mixture of spring onions, celery, chilli sauce, garlic and ginger.
- 40. Uthappam** £8.40  
A south Indian pancake made with specially prepared rice batter and served with sambar and coconut chutney.
- 41. Masala Dosa** £8.40  
A crispy south Indian pancake made with specially prepared rice batter stuffed with a spicy potato mixture. Served with sambar and coconut chutney.
- 42. Chilli Gobi (dry)** £8.20  
Cauliflower cooked with capsicum, onion, tomatoes, curry leaves and chopped green chillies.
- 43. Malai Kofta** £8.80  
Balls made with potatoes, cheese, almond and cashews, cooked in a white gravy containing single cream, ginger and garlic. Garnished with cheese and raisins. 🍴
- 44. Vazhudananga Curry** £8.20  
Medium spicy curry made of aubergines with tomatoes, onion, tamarind, seasoned with mustard seeds and curry leaves.
- 45. Aloo Paneer** £8.40  
Baby potatoes cooked in a coconut milk, onion, garlic, tomato and ginger. This is cooked with special spices and cubes of home-made cheese. 🍴
- 46. Paneer Makhani** £8.40  
Home-made cheese cooked with cashew, cream, onion, tomato and a blend of spices. 🍴
- 47. Bangar Baingan** £7.90  
Baby aubergines cooked in onion, tomato and coconut. Garnished with mustard seeds and yoghurt.
- 48. Mattar Paneer** £8.80  
Cubes of home-made cheese and green peas cooked with a gravy containing cashew nuts, ginger, garlic, onion, cream and tomatoes. 🍴

### Allergy Advice

Please note that some dishes in our menu may contain nuts. Please ask your server for further advice on this or any other dietary concerns.

## Non-Vegetarian Dishes

### Chicken

- 49. Chicken Malabar** £8.90  
A speciality of northern Kerala. Tender chicken pieces cooked in a sauce made with roasted coconut, tomato, select spices and curry leaves.
- 50. Kerala Chicken Curry** £8.90  
Cubes of tender chicken cooked in a special sauce.
- 51. Ginger Chicken** £9.20  
Dry chicken dish prepared with ginger, onions, tomatoes and selected spices.
- 52. Chilli Chicken (medium spicy)** £9.20  
Chicken cooked with capsicum, tomato and curry leaves. 🍴
- 53. Chicken Kuruma (mild)** £8.60  
Pieces of chicken breast prepared with fresh cream, almonds and mild spices. 🍴
- 54. Chicken Jalfrezi (spicy)** £8.90  
Pieces of chicken breast prepared with chilli, onion, garlic, capsicum and herbs. 🍴🍴
- 55. Chicken Madras (spicy)** £8.70  
Tender pieces of boneless chicken marinated with a ginger and garlic paste and cooked in a spicy special sauce. 🍴🍴
- 56. Chicken Vindaloo (spicy)** £8.90  
Cubes of chicken cooked in a hot and spicy sauce with potatoes, onions, garlic and ginger. 🍴🍴🍴
- 57. Karai Chicken** £9.20  
Tender pieces of chicken tossed in the karai with fresh ginger, onion, tomatoes, garlic and cooked in a special sauce.
- 58. Kerala Chicken Kuruma** £9.20  
Pieces of chicken breast prepared with blended green chillies, fresh coriander leaves, cumin seeds and spices of Kerala. (medium) 🍴🍴
- 59. Chicken Dhansak** £8.90  
Chicken cooked with lentils in a slightly sweet and mildly spicy sauce.
- 60. Munnar Chicken Curry (hot)** £9.40  
Chicken breast marinated with ginger, garlic and cooked in a mint-based sauce with coriander and green chilli. 🍴🍴
- 61. Chicken Chettinadu (spicy)** £9.40  
Pieces of chicken breast cooked with onion, garlic and a blend of special spices. 🍴🍴
- 62. Garlic Chicken** £9.20  
Chicken spiced up with garlic, spring onions, celery, yellow pepper and ginger.
- 63. Chicken Bhoona** £9.20  
Chicken cooked with plenty of garlic, ginger, onions and tomatoes.
- 64. Chicken Malai** £9.30  
Marinated cubes of chicken cooked in a white gravy containing almond, cashew nuts, cream, ginger, garlic and yoghurt. Garnished with ginger and coriander leaves. 🍴
- 65. Chicken Manchurian** £9.40  
Deep fried chicken cubes coated in spiced batter and cooked in an aromatic mixture of spring onions, chilli sauce, garlic and ginger.

## Lamb

- 66. Lamb Manchurian** £10.40  
Deep fried lamb cubes coated in batter and cooked in an aromatic mixture of spring onion, celery, garlic, ginger and home-made chilli sauce.
- 67. Lamb Chettinadu** £10.40  
Pieces of lamb cubes cooked with onion and garlic in a sauce made from special south Indian spices.
- 68. Lamb Malabar** £9.80  
A speciality of northern Kerala. Lamb cooked in a sauce made with roasted coconut, tomato, selected spices and curry leaves.
- 69. Kerala Lamb Curry** £9.80  
Cubes of tender lamb cooked in a special Kerala masala sauce.
- 70. Lamb Cheera (Saag Gosht)** £9.70  
Tender pieces of lamb cooked with ground spices and herbs.
- 71. Karai Gosht** £9.70  
Pieces of lamb tossed in the karai with ginger, garlic, onion and tomatoes. Cooked in a special sauce.
- 72. Lamb Madras (spicy)** £9.60  
Tender pieces of lamb marinated with a ginger and garlic paste and cooked in a spicy sauce. ”
- 73. Lamb Vindaloo (spicy)** £9.80  
Lamb cooked in a special hot and spicy sauce with potatoes, onions, garlic and ginger. ””
- 74. Lamb Kuruma (mild)** £9.60  
Pieces of lamb prepared with fresh cream, almonds and mild spices. 🍌
- 75. Lamb Ulathiya Masala** £9.90  
Tender lamb prepared with ginger, garlic, tomato, onion, and selected ground spices. Cooked with roasted coconut and curry leaves. A speciality of northern Kerala.
- 76. Rogan Gosht** £9.60  
Pieces of lamb prepared with tomatoes, green pepper and special spices.
- 77. Lamb Dhansak** £9.60  
Lamb cooked with lentils in a slightly sweet and mildly spicy sauce.
- 78. Lamb Jalfrezi (spicy)** £9.80  
Pieces of lamb prepared with chilli, onion, garlic, capsicum and herbs. ”
- 79. Munnar Lamb Curry (spicy)** £10.20  
Lamb marinated with ginger, garlic and cooked in a mint-based sauce with coriander and green chilli. 🍌
- 80. Lamb Puratiyathu (dry)** £10.40  
Pieces of lamb cooked in special Kerala spices and black pepper. Garnished with curry leaves.
- 81. Lamb Mughlai** £10.90  
Marinated cubes of lamb cooked in a white gravy containing cream, almond, cashew nuts, ginger and garlic. Garnished with raisins, cream or egg. 🍌
- 82. Lamb Kofta Kuruma** £10.60  
Marinated and battered meat balls cooked in a white gravy containing cream, almond, cashew nuts, ginger and garlic. Garnished with cashew nuts and raisins. 🍌

## Beef Dishes

- 83. Beef Rogan** £10.90  
Succulent pieces of beef prepared with tomato, green peppers, ginger, garlic and special spices.
- 84. Beef Karai** £10.90  
Tender pieces of beef tossed in the karai with ginger, garlic, onion and tomatoes. Cooked in a special sauce.

- 85. Beef Bhoona** £10.90  
Pieces of beef cooked in plenty of garlic, ginger, onion, tomatoes and a few select spices.
- 86. Kerala Beef Curry** £10.90  
Cubes of tender beef cooked in a special Kerala masala sauce. Garnished with curry leaves.
- 87. Beef Chilli** £10.90  
Beef pieces cooked with ginger, garlic, tomato, capsicum, green chillies and a blend of spices. Garnished with curry leaves.
- 88. Beef Jalfrezi (spicy)** £10.90  
Pieces of beef cooked with onion, tomato, green chillies, ginger, garlic, capsicum and herbs. ”
- 89. Beef Sukka** £11.40  
Marinated beef cooked with ginger, garlic, onion and Kerala spices. This is a fairly dry dish.

## Biryani Dishes

Meat or vegetables cooked in fragrant basmati rice along with a blend of herbs. Served with vegetable curry. Contains nuts 🍌

- 90. Beef** £12.40  
Succulent pieces of beef, steam cooked in fragrant basmati rice and a blend of herbs. Served with vegetable curry.
- 91. Chicken** £10.20  
Tender pieces of chicken, steam cooked in fragrant basmati rice and a blend of herbs. Served with vegetable curry.
- 92. Lamb** £11.20  
Succulent pieces of lamb, steam cooked in fragrant basmati rice and a blend of herbs. Served with vegetable curry.
- 93. King Prawn** £12.40  
King prawns, steam cooked in fragrant basmati rice and a blend of herbs. Served with vegetable curry.
- 94. Vegetable** £9.40  
Vegetables cooked in fragrant basmati rice and a blend of herbs. Served in vegetable curry.

## Tandoori Dishes

- 95. Tandoori Chicken** £9.60  
Chicken on the bone marinated with special spices and yoghurt and cooked in a tandoori oven.
- 96. Chicken Tikka** £9.40  
Tender pieces of chicken marinated in yoghurt and selected spices and cooked in a tandoori oven.
- 97. Lamb Tikka** £11.60  
Tender pieces of lamb marinated in yoghurt and selected spices and cooked in a tandoori oven.
- 98. Salmon Tikka** £14.95  
Filleted salmon marinated in herbs and spices. Cooked over charcoal. Served with salad.
- 99. Mixed Grill** £14.80  
An assortment of chicken tikka, sheekh kebab, tandoori chicken, lamb tikka and tandoori king prawn. Served with salad and chutney.
- 100. Chicken Tikka Masala** £9.30  
Tender chicken breast traditionally cooked in a tandoori oven and prepared in a rich sauce. 🍌
- 101. Lamb Tikka Masala** £9.90  
Tender pieces of lamb traditionally cooked in a tandoori oven and prepared in a rich sauce. 🍌
- 102. Tandoori King Prawn Masala** £11.40  
King prawns marinated in mild spices and herbs. Cooked in a clay oven and prepared in a rich creamy sauce. 🍌
- 103. Butter Chicken** £9.90  
Tandoori chicken marinated with spices and cooked in a creamy sauce with a special selection of spices. 🍌

## Fish

- 104.Kerala Meen Curry** £10.90  
Home style cooked king fish curry with coconut milk, green mango, tamarind and spices.
- 105.Aleppey Meen Curry** £10.90  
King fish cooked in smoked tamarind with special Kerala spices and curry leaves.
- 106.Fish Molly (mild)** £12.40  
King fish steak marinated and cooked with onion, tomato, ginger, green chilli, spices and coconut milk.
- 107.Meen Masala** £10.90  
Fillet of king fish prepared with onion and tomatoes in a thick masala sauce and herbs.
- 108.Meen Porichathu (spicy)** £12.90  
King fish steak marinated with typical hot spices of Kerala. Served with salad, rice and a mild sauce.
- 109.Varatharacha Meen Curry** £12.95  
Filleted sea bass cooked in a Kerala fish curry sauce (roasted coconut, coriander, chilli sauce and cumin). Garnished with curry leaves.

## Seafood

- 110.Kerala Prawn Masala** £10.90  
King prawn cooked in a thick spicy sauce with tomatoes, onion, capsicum and herbs.
- 111.Cochin Prawn Curry** £11.40  
Spicy king prawn curry prepared with onion, tomatoes, chilli, ginger and spices. A speciality from the backwaters of Kerala.
- 112.Malabar Prawn Masala** £11.20  
King prawns cooked in Kerala style with coconut, green mangoes, tamarind, spices and curry leaves.
- 113.Koonthal Masala** £10.40  
Baby squid cooked with onion, tomatoes, coconut slices, capsicum and spices.
- 114.King Prawn Saag** £10.90  
King prawns cooked with ground spices, spinach and herbs.
- 115.Konju Varuthathu** £10.90  
King prawns cooked with slices of ginger, garlic, onion and moderately hot spices and garnished with green chilli and curry leaves.
- 116.Konju Porichathu** £12.90  
King prawns marinated in all the spices and ginger and garlic paste, then deep fried. Garnished with onions and salad.
- 117.King Prawn Jalfrezi** £10.90  
King prawns prepared with ginger, garlic, green chillies, onion, capsicum and herbs.
- 118.Pepper Squid (Stu-squid)** £11.40  
Marinated squid rings cooked with black pepper, capsicum and lemon juice. Served with salad.

## Vegetarian Side Dishes

- 119.Saag Bhaji** £3.90  
Spinach cooked with garlic, mustard seeds, chopped onion and curry leaves.
- 120.Pacha Payar** £4.10  
Long green beans cooked with garlic, onion, grated coconut, mustard seeds and curry leaves.
- 121.Vazhuthananga** £4.20  
Aubergine stir-fried with onion, tomato and spices.

- 122.Kadala** £4.10  
Chick peas cooked with garlic, onion, grated coconut and seasoned with mustard seeds and curry leaves.
- 123.Kerala Potato** £4.10  
Cubes of potatoes stir-fried with garlic, mustard seeds and curry leaves.
- 124.Aloo Methi** £4.20  
Cubes of potatoes prepared with dry methi leaves.
- 125.Tarka Dhal** £3.90  
Lentils cooked with special spices and seasoned.
- 126.Bhindi Bhaji** £4.10  
Ladies fingers (okra) cooked with garlic, mustard seeds, chopped onion and fresh coconut.
- 127.Aloo Chana** £4.10  
Potatoes and chick peas cooked together with spices. 🍌
- 128.Saag Paneer** £4.60  
Spinach with cheese cooked with mild Kerala spices.
- 129.Mushroom Bhaji** £4.10  
Sliced mushrooms cooked in a combination of tropical spices.

## Bread and Rice

- 130.Kerala parata (x2)** £2.80  
Classical bread of Kerala.
- 131.Chappathi (x2)** £2.90  
Flat wholemeal bread cooked on an open flame.
- 132.Vellappam (x2)** £3.40  
Coconut-flavoured special spongy pancake made from ground rice and semolina.
- 133.Plain Naan** £2.30
- 134.Garlic Naan** £2.60
- 135.Garlic & Chilli Naan** £2.70
- 136.Jason Bread (JB)** £3.10
- 137.Peshwari Naan** 🍌 £3.10
- 138.Keema Naan** £2.90
- 139.Mushroom Rice** £3.50
- 140.Egg Fried Rice** £3.60
- 141.Vegetable Fried Rice** £3.60
- 142.Steamed Rice(Basmati Rice)** £3.10
- 143.Coconut Rice** £3.60
- 144.Lemon Rice** £3.60
- 145.Pilau Rice** 🍌 £3.50

## Accompaniments

- 146.Onion Salad** £1.50
- 147.Raita** £1.75
- 148.Plain Yoghurt** £0.90
- 149.Pickle Tray** £2.50  
Variety of home-made pickle.
- 150.Pappadam** £0.70



Pictures shown are for illustrative purposes only.



# Kohinoor of Kerala

South Indian Restaurant

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